



Nutrient Analysis for Pre-prepared Foods

Client: _____

Food/Brand:			
Serving Size:			
Calories per serving:			
Calories from Fat:			
Total Fat (% DV*):			
Saturated Fat (% DV*):			
Trans Fat:			
Cholesterol (% DV*):			
Sodium (% DV*):			
Carbohydrates (% DV*):			
Dietary Fiber (% DV*):			
Sugar:			
Protein:			
Vitamin A (% DV*):			
Vitamin C (% DV*):			
Calcium (% DV*):			
Iron (% DV*):			